



DAVID A. PATERSON
GOVERNOR

STATE OF NEW YORK
DEPARTMENT OF CIVIL SERVICE
ALFRED E. SMITH STATE OFFICE BUILDING
ALBANY, NEW YORK 12239
www.cs.state.ny.us

NANCY G. GROENWEGEN
COMMISSIONER

November 30, 2009

Dear SEHP enrollee:

Effective January 1, 2010, the employee share of the biweekly premium for medical/dental/vision coverage for enrollees in the Student Employee Health Plan (SEHP) under the New York State Health Insurance Program (NYSHIP) will be:

Individual coverage	\$6.32
Family coverage	\$47.36

The new rate will be deducted automatically from employees' biweekly paychecks beginning with the paycheck dated:

- December 17, 2009 for Institution Lag-Exempt Payroll employees,
- December 31, 2009 for Institution Lag Payroll employees, and
- January 6, 2010 for Administration Lag Payroll employees.

Please contact the agency Health Benefits Administrator on your campus, usually in the Human Resources (Personnel) Office, if you have any questions about enrollment, eligibility or the cost of your health insurance.

Please note: If your employment with SUNY or CUNY in a benefits-eligible position is ending, please destroy your health insurance and dental plan ID cards and contact the agency Health Benefits Administrator on your campus to update your records. Be sure to ask the date your coverage will end; it may be different from the date printed on your ID card. Expenses you incur after your coverage ends will not be paid unless you enroll for COBRA continuation coverage.

COBRA enrollees: Your monthly bills will reflect your new rate, beginning with the bill you receive in December. If you have questions about the cost of your COBRA coverage, or wish to end your COBRA coverage, contact the Employee Benefits Division at 518-457-5754 or 1-800-833-4344.

Sincerely,

Robert W. DuBois, CEBS
Director
Employee Benefits Division
New York State Department of Civil Service
Alfred E. Smith State Office Building
Albany, NY 12239